

TRAINING FOR A REASON

Building a training program for specific
purposes

STYLING THE PERFECT FIGURE

- From past to the present, despite changes in fashion, we have aimed for an ideal body shape.

STYLING THE PERFECT FIGURE

The True Transition Cotton... a real fashion first for Half Sizes and Misses

Style 623
Fabric: Fine Spun-cotton Cotton
Breakfast
Color: Blue; Red

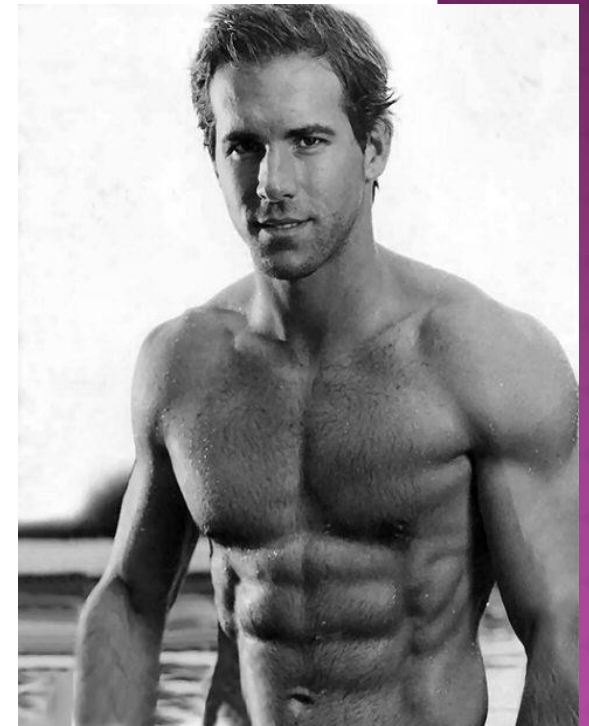
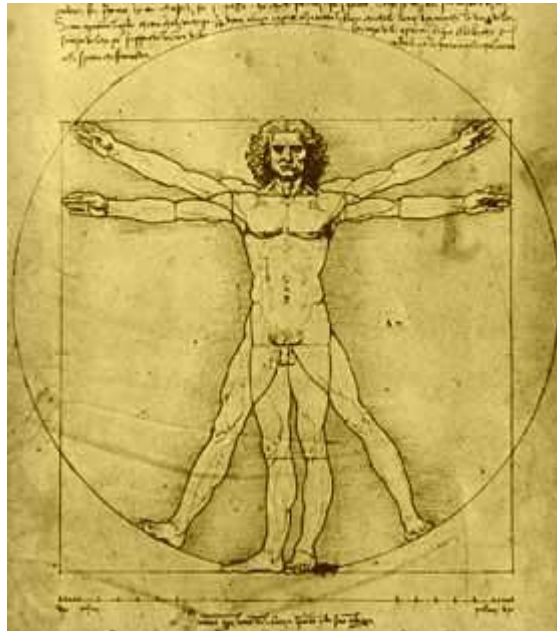
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48	50, 52, 54, 56
50	52, 54, 56
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54	56
56	

Price . . . \$7.95
Deposit . . . 2.25
Balance . . . 5.70

GUARANTEED WASHABLE



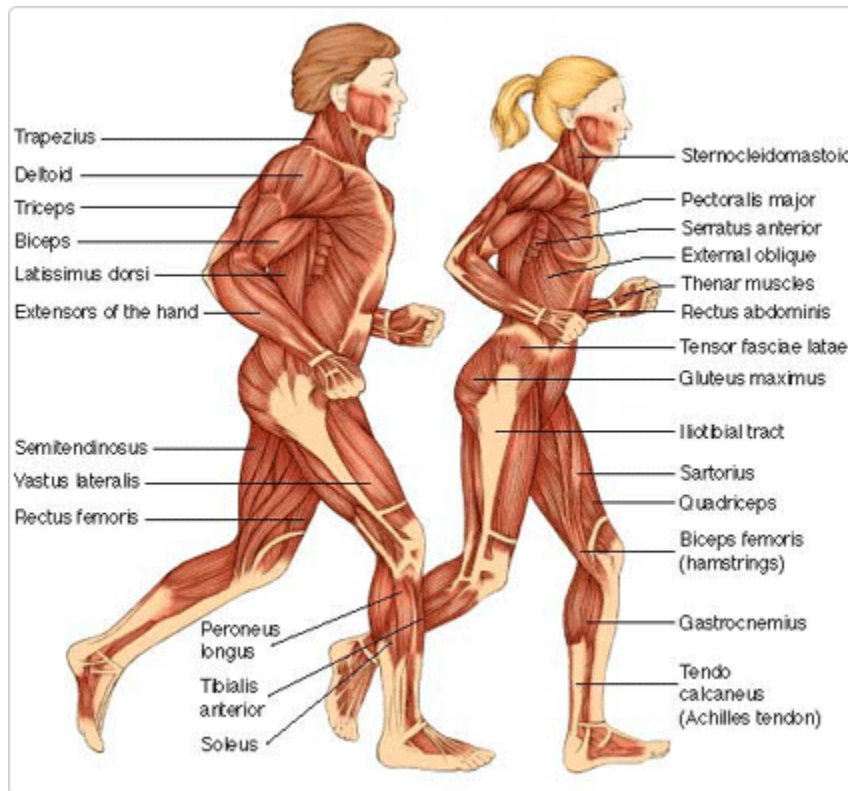
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- Science and taste have influenced our control over this ideal body shape.

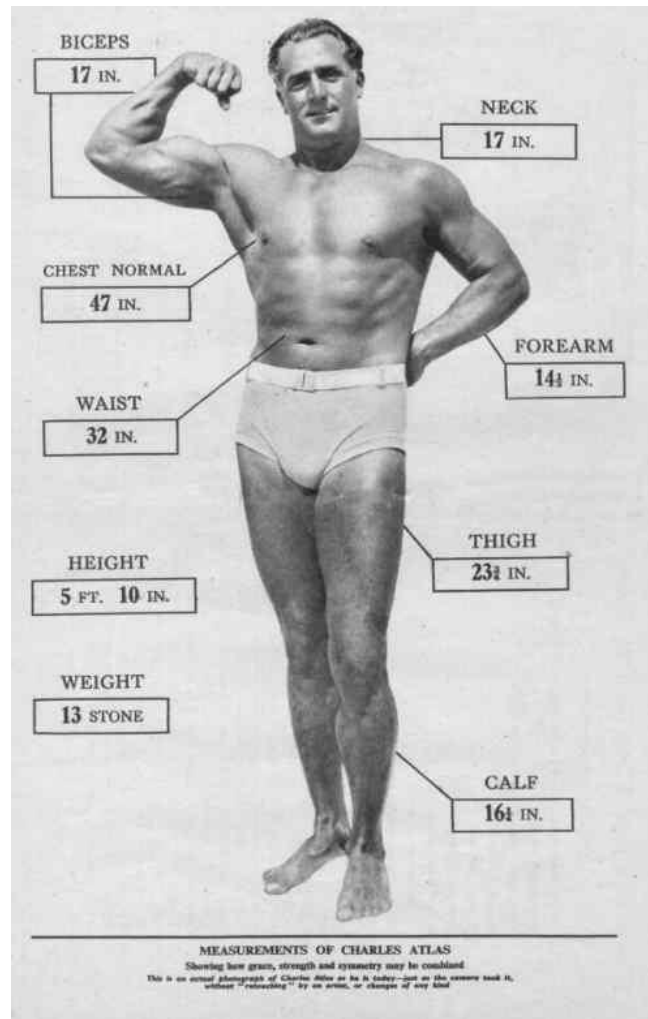
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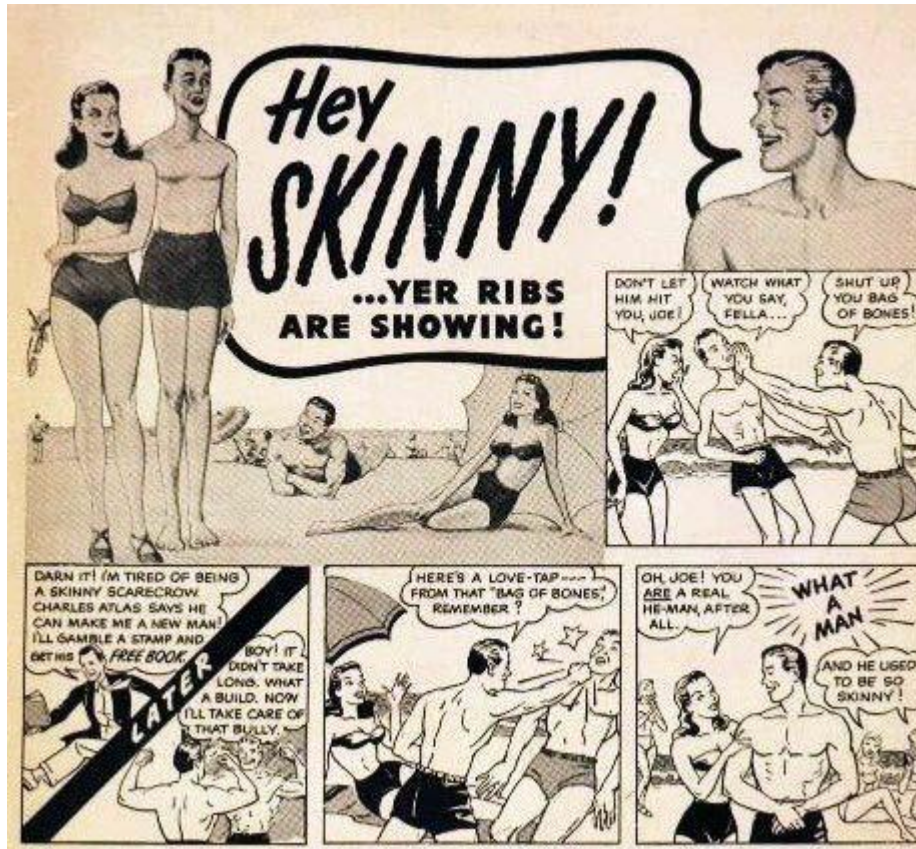
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- ⦿ Men and women aim for different goals in their ideal body shape.

STYLING THE PERFECT FIGURE



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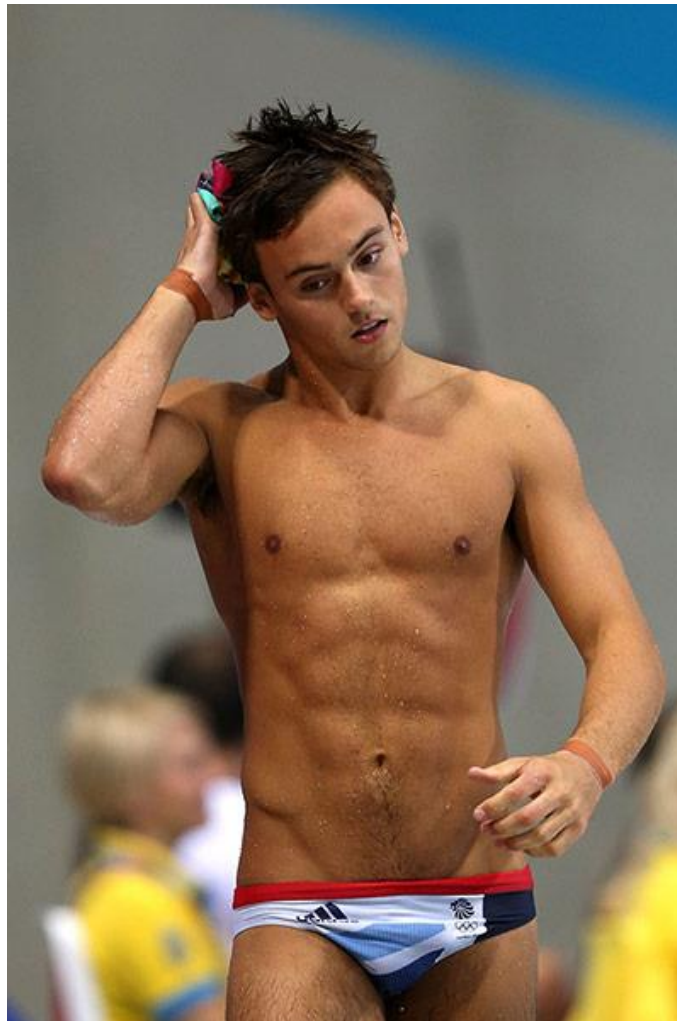
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- ◎ Sportsmen and sportswomen aim for specific goals during training.

STYLING THE PERFECT FIGURE



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- ⦿ So it's time to think about what we have and what we want; how to make the most of time and training for the best results....